



# COLLEGE OF APPLIED SCIENCE VATTAMKULAM

## NEWSLETTER

JUNE 2025 - AUGUST 2025



# NATIONAL SERVICE SCHEME (NSS)

05-06-2025

## WORLD ENVIRONMENT DAY

The NSS unit observed World Environment Day on 5th June 2025 with a series of activities promoting environmental awareness and action.



The event began with a campus-wide plantation drive, where volunteers planted saplings, environmental day pledge and engaged in discussions on the importance of biodiversity and ecosystem restoration. Educational posters and student presentations highlighted this year's global theme, inspiring the campus community to take collective responsibility for the planet. Also, conducted an awareness session on "Prakruthiyum Manushyanum" by Mr. Vishnudas T N (Agricultural Officer, Vattankulam).

21-06-2025

## INTERNATIONAL YOGA DAY

To mark International Yoga Day, the NSS team organised a yoga session on 21st June 2025, aimed at promoting physical fitness and mental well-being.



Participants, guided by a certified yoga instructor, performed a series of asanas and breathing exercises. The event emphasized the role of yoga in managing stress and maintaining a healthy lifestyle, receiving enthusiastic participation from students and faculty alike.

# NATIONAL SERVICE SCHEME (NSS)

26-06-2025

## WORLD ANTI-DRUG DAY

In observance of World Anti-Drug Day, NSS volunteers led an awareness campaign on 26th June 2025 to educate students about the dangers of substance abuse by featuring a rally and a flash mob.

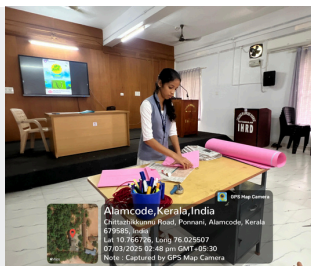


Volunteers marched through key areas of the campus and surrounding localities holding banners and chanting slogans to raise awareness about the harmful effects of drug addiction. The campaign featured poster-making, slogan-writing, and held a debate competition by college students. The event highlighted the psychological, social, and legal consequences of drug abuse and emphasized the importance of a drug-free lifestyle.

03-07-2025

## INTERNATIONAL PLASTIC BAG FREE DAY

To support the global movement towards sustainability, the NSS unit celebrated International Plastic Bag Free Day on 3rd July 2025.



The programme included a "Say No to Plastic" awareness drive, where students interacted with peers and staff about the environmental impact of plastic pollution. Followed by workshop on paper bag making and distributed the same and encouraged the adoption of eco-friendly alternatives in daily life.

# NATIONAL SERVICE SCHEME (NSS)

15-07-2025

## KNOW YOUR RIGHTS – A LEGAL INSIGHT

The NSS unit organised an informative session titled "Know Your Rights – A Legal Insight" on 15th July 2025.



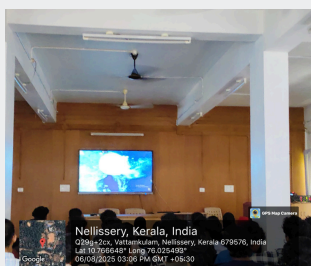
Nellissery, Kerala, India

The guest speaker, Adv. Kavitha Sankar (a panel lawyer, TLSC Ponnani) spoke on fundamental legal rights, consumer protection, and legal literacy for youth. The session empowered students with knowledge of their rights and responsibilities as citizens, and addressed real-life scenarios to foster practical understanding.

06-08-2025

## HIROSHIMA DAY

On the occasion of Hiroshima Day, observed on 6th August 2025, the NSS unit organized a meaningful program to promote awareness about the consequences of nuclear warfare and the importance of global peace.



Nellissery, Kerala, India

The event featured a thought-provoking documentary presentation that depicted the devastating impact of the atomic bomb on Hiroshima and its lasting effects on humanity. This was followed by an engaging quiz competition that tested students' knowledge about World War II, the nuclear age, and peace initiatives across the world. Through these activities, the NSS volunteers aimed to educate participants on the value of peace, non-violence, and the need for international cooperation to prevent such tragedies in the future.

# NATIONAL SERVICE SCHEME (NSS)

12-08-2025

## INTERNATIONAL YOUTH DAY

Celebrating the potential and power of young people, NSS observed International Youth Day on 12th August 2025.



a day-long programme featuring motivational talks, debates, and cultural performances. The theme focused on youth engagement in nation-building and social development. The event provided a platform for students to express their views and talents, promoting leadership and civic responsibility. In addition to the formal sessions, a series of fun and team-building activities such as a scavenger hunt, juggling ball challenge, and "pass the action" game were also conducted, encouraging collaboration, creativity, and enthusiasm among the participants.

15-08-2025

## INDEPENDENCE DAY

On the occasion of Independence Day, the NSS unit actively participated in the flag hoisting ceremony held on 15th August 2025.



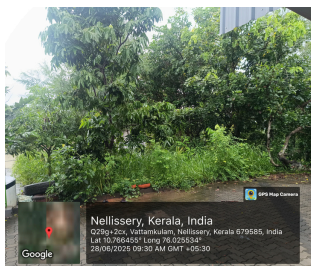
The event included patriotic speeches, a cultural program showcasing India's diversity, and tributes to freedom fighters. NSS volunteers also organised a documentary presentation, demonstrating their commitment to community service and national pride. The speeches inspired a deep sense of patriotism among the audience, reminding everyone of the sacrifices made for the country's independence.

# NATIONAL SERVICE SCHEME (NSS)

15-08-2025

## NSS CORNER

The NSS Corner was established with the goal of promoting mental well-being among students.



Recognizing the growing importance of mental health in academic environments, this dedicated space was created to offer support, encouragement, and a sense of community. It serves as a safe haven where students can unwind, engage in positive conversations, and participate in activities that foster emotional resilience and self-awareness. Through this initiative, the NSS Unit aims to nurture a campus culture that prioritizes mental wellness and holistic development.

26-08-2025

## CONSUMER AWARENESS PROGRAMME

A Consumer Awareness Programme was conducted by the NSS unit in collaboration with TRAI on 26th August 2025.



The aim of this program was to educate students about their rights and responsibilities as consumers in today's dynamic marketplace. The session featured expert talks on cyber hygiene, highlighting the importance of staying safe in the digital world. Informative pamphlets and real-life case studies were shared with the participants, equipping them with essential knowledge to make informed and responsible consumer decisions.

# BHOOMITRA SENA CLUB (BMC)

21-07-2025

## NATIONAL MOON DAY

On 21st July 2025, the BMC proudly celebrated National Moon Day to commemorate the historic Apollo 11 moon landing.

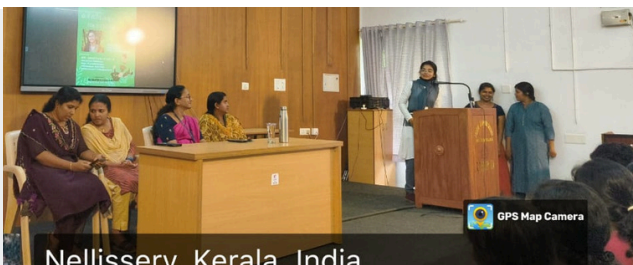


The event aimed to ignite scientific curiosity and promote space education among students. A special presentation on lunar exploration, the history of space missions, and recent advancements in space technology. Interactive sessions, including a quiz competition and a short documentary screening, engaged students and deepened their understanding of space science. The event served as a tribute to human achievement and encouraged students to dream beyond the horizon.

11-08-2025

## KARKKIDAKAVUM AAROGYAVUM

a wellness programme focusing on traditional health practices observed during the Malayalam month of Karkidakam.



The session held by Dr. Sreeparvathy R, (Associate Professor, Department of Panchakarma Ashtamgam Ayurveda Chikitsalayam Vidhyapeedham) emphasized Ayurvedic routines, dietary practices, and holistic well-being suited for the monsoon season. The session had an insight on seasonal immunity-building, with demonstrations of herbal preparations and therapeutic techniques. The event received an enthusiastic response from students and staff, highlighting the relevance of integrating traditional wisdom into modern health practices.

# BHOOMITRA SENA CLUB (BMC)

29-08-2025

## OFFICE FILE MAKING DRIVE



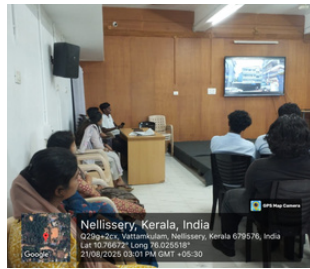
The Bhoomithra Sena volunteers successfully completed a file making drive, preparing office files with precision and dedication. These files were utilized for official purposes within the institution. The files were handed over to the principal on August 29, 2025, showcasing the volunteers' commitment to contributing to the institution's organizational needs.

# ENTREPRENEURSHIP DEVELOPMENT CLUB (ED)

21-08-2025

## WORLD ENTREPRENEURS DAY

ED Club celebrated World Entrepreneurs Day with an engaging & interactive programme designed to inspire innovation and business acumen among students.



The event kicked off with a documentary screening that highlighted the journey of “Edappal and entrepreneurship” and the challenges they overcame. Following this, participants enthusiastically took part in a Blind Logo Hunt, a fun and challenging activity aimed at testing their knowledge of famous brands and encouraging quick thinking. The day concluded with a stimulating quiz competition focused on entrepreneurship, business concepts, and current trends in the startup ecosystem.

26-06-2025

## ECO-WRITE

On 26th June 2025, the ED Club in association with college NSS unit hosted “Eco-Write”, organised a two-day workshop on paper pen production, aimed at promoting sustainable practices and self-reliance among students.



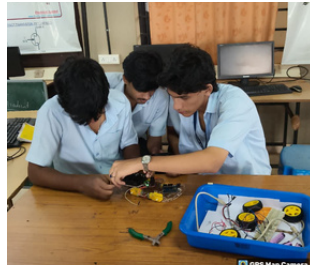
Held on campus, the workshop introduced participants to the process of making eco-friendly paper pens as an alternative to plastic-based writing instruments. Guided by Mr. Hari C M, (Assistant Professor, Department of Computer Science) with hands-on experience, students learned the step-by-step techniques of rolling paper, inserting ink refills, and designing the outer covers. The workshop not only emphasized the importance of reducing plastic waste but also encouraged entrepreneurship by demonstrating how such eco-products can become viable small-scale business ventures.

# DEPARTMENT OF ELECTRONICS

11-08-2025

## CODE A BOT WORKSHOP

The Department of Electronics successfully organised CODE A BOT, an immersive workshop designed to introduce students to the exciting world of robotics.



The programme began with a comprehensive introduction to core robotics concepts and their real-world applications, sparking curiosity and enthusiasm among participants. Hands-on sessions followed, where students worked directly with sensors, microcontrollers, and network connectivity modules, gaining practical experience in building and programming robotic systems. Experienced faculty Ms Silja M S, provided expert guidance throughout the workshop, ensuring that attendees fully understood the technical aspects and applications.

# LITERARY CLUB

19-06-2025

## WORLD READING DAY

The Literary Club celebrated World Reading Day with a series of engaging literary activities designed to ignite a love for reading and storytelling among students



The event featured a Book Identification and Character Identification challenge, where participants showcased their literary knowledge by recognizing book titles and fictional characters. A Reading Challenge and Reading Bingo encouraged students to explore diverse genres and authors, making reading both fun and rewarding. In addition, a Handwriting Competition was held to promote the art of neat and expressive writing, drawing enthusiastic participation.

# CAREER GUIDANCE AND PLACEMENT CELL

11-07-2025

## ORIENTATION PROGRAMME

The CGPC organised an Orientation Programme to familiarise students with the wide array of career opportunities and placement preparation strategies.

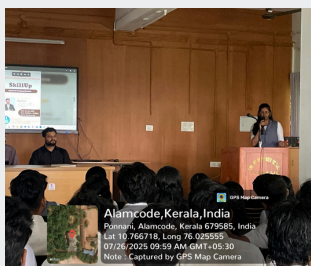


The session aimed to provide clarity on the role of the cell, the various training modules to be offered, and how students can actively engage in building their career paths. Resource person Ms. Shafana Parveen, (Talent Curation Executive, Malappuram District, K-DISC) briefed the attendees on internship opportunities, interview readiness, resume building, and industry expectations. The orientation served as a foundational step to guide students towards informed and goal-oriented professional development.

26-07-2025

## SKILL UP: APTITUDE TRAINING

As part of its career readiness initiatives, the Career Guidance and Placement Cell conducted Skill Up – an Aptitude Training Programme on 26th July 2025.



This session focused on enhancing students' quantitative, logical reasoning, and verbal abilities—key skills required for competitive exams and placement processes. Led by experienced trainer Mr. Akhilesh A, the session included practice problems, test strategies, and time-management techniques. Students actively participated in solving real-time questions, boosting their confidence and aptitude performance. The programme received positive feedback and set the stage for further focused training sessions.

# DEPARTMENT OF PHYSICAL EDUCATION

23-06-2025

## WORLD OLYMPICS DAY CELEBRATION

The Department of Physical Education celebrated World Olympics Day with great enthusiasm, aiming to promote the Olympic spirit and values of excellence, friendship, and respect.



As part of the celebration, a Quiz Competition was organised, focusing on the history, facts, and achievements related to the Olympic Games. Students from various departments actively participated, showcasing their knowledge about global sporting legends, Olympic milestones, and the significance of sportsmanship. The event not only tested participants' awareness but also inspired them to appreciate the unifying power of sports. The celebration was a resounding success, reinforcing the importance of physical education and international sporting culture within the campus community.

# DEPARTMENT OF COMMERCE

05-06-2025

## GO GREEN EXPO

In celebration of World Environment Day, the Department of Commerce hosted a Go Green Expo on 5th June 2025

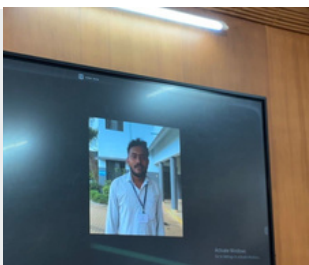


highlighting the role of sustainable practices in commerce and daily life. The expo featured stalls showcasing eco-friendly products, upcycled crafts, and green business models presented by students and local entrepreneurs. Informative displays and interactive sessions promoted environmental consciousness within the economic framework, encouraging students to explore sustainable business solutions. The event served as a platform to merge commerce with environmental responsibility, reinforcing the department's commitment to green initiatives.

27-06-2025

## OBSERVING WORLD MSME DAY 2025

To mark World MSME Day on 27th June 2025, the Department of Commerce organised a special programme.



to raise awareness about the importance of Micro, Small, and Medium Enterprises in driving economic growth and employment. The session included expert talk by Mr. Sanoj K V, (CDS Accountant, Vattamkulam Grama Panchayat) on government schemes, financing opportunities, and the challenges faced by MSMEs in a competitive market. Followed by a documentary screening been held as case studies which focused on local MSME success stories. The event aimed to inspire budding entrepreneurs to explore opportunities in the MSME sector and support India's economic development.

# DEPARTMENT OF COMMERCE

15-07-2025

## WORLD YOUTH SKILLS DAY

On 15th July 2025, the Department of Commerce observed World Youth Skills Day by organising a series of skill development activities

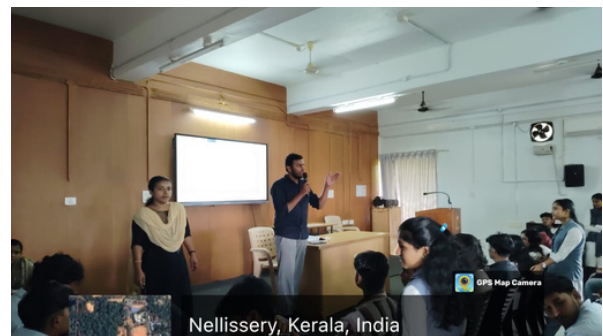


aimed at empowering students with practical competencies relevant to today's job market. The event featured workshop on skill building, led by Mr, Hari C M, (HoD, Department of Computer Science). This session provided valuable insights into the skill sets employers seek and encouraged students to proactively build their professional profiles. The programme highlighted the importance of skill-based learning alongside academic knowledge.

07-08-2025

## WORLD COMMERCE DAY

The Department of Commerce celebrated World Commerce Day with an insightful programme dedicated to understanding global trade dynamics and modern business trends.



The event included documentary screening and quiz competition that showcased innovative ideas for the future of commerce. Topics such as e-commerce, ethical business practices, and digital transformation were explored, engaging students in thought-provoking dialogues. The celebration aimed to instil a deeper appreciation for the evolving landscape of commerce and encouraged students to think critically about their roles in it.

## ACHIEVEMENTS



### Best Volunteer Award

Nandana got selected as the Best NSS Volunteer in IHRD level for 2023-2025 which has been a testament to her outstanding dedication and service. As a passionate volunteer, she inspires others with her kindness, leadership, and commitment to social causes. With a strong sense of purpose, Nandana empowers those around her, making a lasting impact and embodying the true spirit of service and volunteerism.



### Recognition

Vattamkulam Panchayath honored the NSS Unit of CAS Vattamkulam for their dedicated service. The recognition was received by NSS Program Officer Ms. Aswathy B. along with the enthusiastic NSS volunteers, who were presented with a memento as a token of appreciation.

# CELEBRATIONS

13-08-2025

## FRESHER'S DAY

Fresher's Day was a vibrant celebration welcoming new students to campus life. It features ice-breaker games, cultural events, and talent showcases, fostering connections. The event commenced with an inauguration by Mr. Abdussammed.P( Principal, CAS Vattamkulam) followed by fun activities and introductions. The program had been hosted by second year students. And it concluded with an energetic musical event making it the beginning of an unforgettable academic journey



29-08-2025

## ONAM CELEBRATIONS

The Onam celebrations "Kasarth" 2k25 , convened by Hamza K( HoD, physical education department ) were a grand success, where students and faculty came together for traditional dances, music, and festivities. The event showcased Onam's spirit with Pookalam making, Onam Sadya, and traditional games. It culminated in a vibrant Shinkari Melam performance, ending the celebration on a joyful note.

